



# MANIFESTING WITH CHATGPT

USING CHATGPT AS A SUPPORTIVE TOOL TO MANIFEST YOUR DREAMS

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If you need help to get clear on where you're going what your dream life is, keep reading...

I just did this exercise with ChatGPT that blew my mind. It's made me so clear and focussed and excited for the future. Here's how you can do it to.

## How to do it:

1. Write out all your future goals and desires. This is where you dream big. Everything you'd like to do, everything you'd like to be. Let your dreams and imagination flow. Don't play small and don't hold back.
2. Write into ChatGPT "tell me a story of a day in the life as my future self-based on this description" and copy/paste your list.
3. Read through your future life!!! Feel the feels and really visualize this coming to life. This is where you're going!!
4. Now as ChatGPT "create a daily schedule for me to follow that will allow me to achieve this" and it will give you a step-by-step schedule with time blocking, ideas and plans to help you bring your dreams to life.

Get ready to be excited!!  
Now the rest is up to you!!!

Let me know once you've tried this and what you took away from it.

## Take it further.

"Hey, ChatGPT, can you please write me a five-minute story using the principles of law of attraction and the law of assumption, about a girl /boy named... (your name!) and he/she creates.... (and then write all the things that you want to manifest)"

Then record it, and play it back to yourself just before you go to sleep, this is the best manifesting time.